

Ch-1

About Myself

Hard words

1. Trunk

10. Shoulders

2. Limbs

3. Sense organs

4. Tongue

5. Garbage

6. Eyelids

7. Eyelashes

8. Healthy

9. Sounds

\* Answer in a word or two

Q.1. Which sense organ helps in speech?

Ans Tongue

Q.2. Which sense organ helps us to see things around us?

Ans Eyes

Q.3. Which organ is used to hear sounds?

Ans Ears

\* Answer in a sentence.

Q.1 Name the sense organs.

Ans Eyes, Nose, Ears, Skin and Tongue  
are the five sense organs

Q.2 How are our eyes protected?

Ans Our eyes are protected by eyelids  
and eyelashes.

Q.3 Why should we bathe every day?

Ans We should bathe everyday to keep ourself clean and healthy.

# Things You Know

A. Which sense organ would you use to do the following?  
Choose the correct word from the box and fill in the blanks.

nose      eyes      tongue      ears      skin

- To watch a rainbow
- To smell a jasmine flower
- To taste a piece of chocolate
- To hear the ringing bell
- To feel how hot something is

eyes  
nose  
tongue  
ears  
skin

B. Strike out the incorrect word.

- Eyes/Legs are one of our sense organs.
- We use our skin/nose to feel things.
- The shoulder/hip is a part of our upper limbs.
- Our nose/tongue helps us smell things.
- Eyelashes/Ears protect our eyes.
- The head includes the hair/shoulder.






C. State True or False.

- We have two pairs of limbs.
- We do not change as we grow older.
- Eyelids and eyelashes protect the eye.
- The neck joins the head to the trunk.
- We should avoid listening to loud sounds to protect our skin.

T  
F  
T  
T  
F



**D. The following are some regular activities we do. Fill in the boxes with the correct letters to find out the organs we use in those activities.**

Watching television		E <u>Y</u> E <u>S</u>
Touching ice cubes		S <u>K</u> I <u>N</u>
Smelling a pizza		<u>N</u> O <u>S</u> E
Tasting ice cream		T O <u>N</u> G <u>U</u> E
Listening to music		E <u>A</u> R <u>S</u>

**E. Draw lines to match correctly.**

- |                       |                      |
|-----------------------|----------------------|
| 1. Hands and legs     | a. sense organs 2    |
| 2. Eyes, nose, tongue | b. main body parts 3 |
| 3. Head, trunk, limbs | c. limbs 1           |

**F. Answer in a word or two.**

- Which sense organ helps in speech?
- Which sense organ helps us to see things around us?
- Which organ is used to hear sounds?

Tongue

Eyes

Ears

## H. Get busy.

Match the organs with their senses.

### Organs

1. eyes
2. nose
3. ears
4. tongue
5. skin

### Senses

- a. touch 5
- b. taste 4
- c. see 1
- d. hear 3
- e. smell 2